The Emergency Script Pack



Calm words for the moment
your child lies

A SHORT PDF BOOKLET

THE "MY CHILD JUST LIED" EMERGENCY SCRIPT PACK

10 Everyday Situations. Ready-to-Use Parent Responses.

A limited-time companion to The Truth-Safe™ Approach to Childhood Lying

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LESSON 1 — HOW TO USE THIS PACK

When your child lies, you may know you should remain calm but struggle to find the right words.

This pack gives you a starting sentence, a clear boundary, and a next step.

Remember three rules:

1. State what you know without exaggerating.
2. Give your child a chance to explain.
3. Teach responsibility without humiliation.

Important: Use these scripts only when you have reasonable grounds for your concerns. Do not treat suspicion as proof.

LESSON 2 — MONEY AND BROKEN ITEMS

Situation 1: "I didn't take the money."

Say:

“I noticed ₦2,000 is missing. I want to understand what happened. Is there something you need to tell me?”

If your child admits taking it:

“Thank you for telling me. Taking money without permission is wrong. Let’s work out how you will return it.”

Situation 2: “I didn’t break it.”

Say:

“The remote is damaged. Tell me what happened.”

If your child admits breaking it:

“I appreciate your honesty. Now let’s discuss how to repair the damage and what you can do differently.”

LESSON 3 — HOMEWORK AND SCHOOL

Situation 3: “I finished my homework.”

Say:

“I checked your assignment, and it isn’t finished. What stopped you from doing it?”

If they struggled:

“Next time, tell me you need help instead of saying it is finished. Let’s make a plan to complete it.”

Situation 4: “The teacher didn’t give us homework.”

Say:

“I have information that homework was assigned. Tell me what happened.”

Then:

“We need an honest way to discuss schoolwork. Let’s agree on how you’ll show me your assignments.”

Situation 5: “My test was fine.”

Say:

“I saw your result. What made it difficult to tell me how the test went?”

Then:

“A poor result can be improved. Hiding it makes it harder for me to help you.”

LESSON 4 — SIBLINGS AND HOUSEHOLD RULES

Situation 6: “My brother did it.”

Say:

“I want to hear what happened from each of you. Let’s take turns without interrupting.”

When the facts are clearer:

“Blaming someone unfairly causes harm. How can we correct what was said?”

Situation 7: “I wasn’t using my phone.”

Say:

“The phone was being used after our agreed bedtime. We need to follow the rule.”

Then:

“The phone will stay outside your room tonight. We will review the arrangement together.”

Situation 8: “I already cleaned my room.”

Say:

“The room isn’t finished. Tell me what you have done and what is left.”

Then:

“Let’s agree on what a completed chore looks like.”

LESSON 5 — FRIENDS AND CHANGING STORIES

Situation 9: “Everybody is going.”

Say:

“I need accurate information before giving permission. Who is actually going, and which adult will be responsible?”

Then:

“You can ask for permission honestly, even when you’re worried I might say no.”

Situation 10: The story keeps changing.

Say:

“I’ve heard different versions. Take your time and tell me what you remember.”

If your child is unsure:

“It’s okay to say you don’t remember. We don’t need to guess.”

Avoid repeated questioning designed to force a confession.

LESSON 6 — YOUR FIVE EMERGENCY PHRASES

Keep these close:

1. “Tell me what happened.”
2. “What made it difficult to tell me?”
3. “Thank you for being honest.”
4. “What needs to happen to make this right?”
5. “What could you do differently next time?”

Remember: Your goal is not to win an argument. It is to help your child practise honesty and responsibility.

For serious safety concerns or possible abuse, seek appropriate professional help rather than using these scripts as an investigation tool.